

Trauma Informed Care Symposium

Impact – Awareness – Empowerment

Notes from October 13, 2012

Families met in a small group and discussed their needs and what kinds of support they need. Led by Dana Brown, Kahalifa King, Kasimu Harley and Tasha Williamson, it was a powerful opportunity for families and professionals to communicate with each other.

AWARENESS – WHAT IS NEEDED TO HEAL

Peer Support

- Access to peers who understand the grief process and the barriers to healing

Services

- Financial services for funeral/burials
- Accountability of Wrap-Around Services that include all services for families
- Identify and re-visit Prevention Programs
- Helping people understand the process (grief/trauma, Legal System, and Support Services)
- Awareness of trauma on body
- More therapeutic services for grief
- Identify needs as a result of violence and trauma (families & communities)
- More lighting in the community
- Prison-based services and learn from them

Systems

- More effective services from police and Victims Assistance
- Addressing the failures of NOT treating traumatized youth and adults
- Culturally aware compassionate hospital staff
- Educate Criminal Justice on traumatized youth

Youth

- More support for children
- Being there, being present

EMPOWERMENT – HOW WE HEAL (PROCESS)

Peer Support

- Provide a voice of change, speak out
- Share stories/strategies, share experience
- Honor their life, Celebration of Life
- Families helping families begin healing
- Strengths-based commonalities between individuals on peace, healing, resolution & education. Key is action.

Services

- Healing through Service – create opportunities
- Faith-based programs getting out in the community
- First Responders
- Culturally aware, accessible Support Groups
- Culturally aware, accessible Therapeutic Counseling In-Home

Systems

- Build effective bridges and training (Youth, adults and law enforcement community)
- Systems/Policy Changes

Youth

- Mentoring our youth
- Effective youth programs, especially gang members